

# Inclusion Westman



Inclusion Westman is a not for profit agency enriching the lives of those living with intellectual disabilities through promoting inclusion.

## Upcoming Events:

### **Yoga with the Zen Zone- February and later**

*Email Amanda for information on a one month virtual membership to enjoy (limited number available)*

### Music with Mitch

**Sunday, March 14 @ 7PM on ZOOM**

*Mitchel will brighten our day with his beautiful music!*

### Music with Keith and Amy

**April 14<sup>th</sup> @ 7PM**

*Our talented local musician friends Keith and Amy will put on a concert for us!*

### Fun time Pottery- art time with Amanda

**May 12 @ 4:45PM-5:30PM**

*Inclusion Westman will deliver Fun Time Pottery take home packages prior to the event and invite kids after school to complete this art project together over ZOOM. This activity is for kids ages 6 and up. (This activity has limited spaces available.)*

### Last Day of School Cookie Decorating Fun

**June 29 @ 4:45-5:30**

*Inclusion Westman is thankful to Kuipers Bakery for hooking us up with cookies to decorate to celebrate the last day of school! These kits will be delivered and we invite folks to complete the project together over ZOOM. This activity is for kids ages 6 and up. (This activity has limited spaces available.)*

*For more information or to register for an event and receive the ZOOM link, please email [inclusionwestman@gmail.com](mailto:inclusionwestman@gmail.com)*